



# Champneys Tunbridge Wells now open!

The perfect place to soothe  
away the stresses of the day...

Champneys have opened the doors to a brand new contemporary Town and City Spa in Tunbridge Wells. With increased demand for spa treatments to help relax and de-stress, Champneys offers a spa menu with a host of the best spa therapies and rituals designed to soothe and pamper mind and body.



## CHAMPNEYS

Following the huge success of the first Champneys high street spa in Chichester, which opened in 2006, Champneys aim to open up a series of town and city spas providing luxury treatment rooms and pampering therapies, as well as those everyday must-haves such as manicures, pedicures and St Tropez tanning treatments, making it easier to discover time for you. With a heritage of 80 years experience in health, beauty and wellbeing, Champneys therapists provide the highest standards not just in Champneys health resorts but on the high street, too.

For a little home spa pampering, take in a relaxed shopping experience Champneys Tunbridge Wells where you will find the complete range of Champneys products and gifts, plus a wide range of health, beauty and wellbeing products from high-end companies such as Elemis and Orly. Champneys Gift Vouchers are also available, perfect to use in-store or at any of the luxurious Champneys resorts. Not only the perfect place to shop but an opportunity to be pampered, too!

**Champneys are offering a reader and guest the chance to win a Moisture Miracle Facial and Express Manicure.**

Email your name, address and telephone number by the 30th June to [rachel@wellbeingmagazine.com](mailto:rachel@wellbeingmagazine.com) with the subject 'Champneys'

Terms and conditions: To be taken at Champneys Tunbridge Wells only, valid Monday – Thursday, non refundable, prize will be issued in the form of a gift voucher which will be valid for 12 months from date of issue, subject to availability, non transferable.



## Wellbeing in the Workplace 8th October 2008, Spa Hotel, Tunbridge Wells

Wellbeing Magazine launched the first Wellbeing in the Workplace event at the Spa Hotel on the 16th April. The event was put together by local practitioners and

businesses offering ideas and solutions to HR Managers and businesses

owners.

Employee wellbeing has become recognised as an important part of many company's benefits packages. Over 20 companies took part offering solutions such

as on site chair massage, filtered water, postural, coaching and nutritional advice, yoga, health screening, workshops, finance and HR advice.

The event was informative and relaxed with many visitors taking up the free taster treatments.

"We hope this will be the first of many events around the UK, we have already been asked to host a similar event in Maidstone and Ashford.

Due to the success of the Tunbridge Wells event we have now booked the Spa Hotel again for the 8th October to give other companies a chance to take part." said Rachel Scriven, Publisher of Wellbeing Magazine.

For more information on exhibiting or visiting future events please call Rachel on 01892 541621 or visit [www.wellbeingintheworkplace.co.uk](http://www.wellbeingintheworkplace.co.uk)