



The new image of organic eco-friendly tourism.

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There is no escaping the fact that your holiday will have an impact on the environment in some way. Even not holidaying will mean that communities reliant on tourism will suffer. The best that you can do for your conscience is to choose a holiday that does as little damage as possible.

Forget sandals and singing around the camp fire, eco holidays are big business at the moment. All you need is a little planning and research to find your ideal break

Ask to see written environmental policies of businesses claiming 'green' credentials, or better still, certification from third party organisations. List the issues that matter most to you, then contact establishments and ask what their policies are relating to those issues. True Green organisations will be happy to give policy details.

TYF Eco Hotel – St David's, Pembrokeshire.

Energy and water conservation, using green energy supplies, ethical shopping, and green gardening are just some of the ways in which TYF earns its Eco Hotel status. It also is the first Hotel in Wales to obtain Organic certification through the Welsh Organic Scheme. You can rest assured that wherever possible, the food and drink served is organic, and is also sourced locally.

TYF Eco Hotel is a converted windmill within walking distance of the tiny city centre of St David's; on the far south west coast of Wales, in the Pembrokeshire Coast National Park.

St David's is surrounded by spectacular coastal scenery renowned for its beauty and abundance of

wildlife. Whitesands Bay, one of the many beautiful beaches in the area, carries the prestigious European Blue Flag Award.

Saint David died on the first day in March 589 A.D. when angels came down from heaven to take his soul. He was recognized as a saint by Pope Calixtus in 1123 and recognized as the Patron Saint of Wales. At that time Rome was becoming a bit too popular with pilgrims, so to solve the over-crowding problem Pope Calixtus is reputed to have decreed that two pilgrimages to St. David's would be equal to one to Rome.

The Cathedral and ruins of the once magnificent Bishop's Palace are marvels of medieval architecture. The highlight of every summer is St David's Cathedral Festival held in May - an annual celebration of classical music and the chance to see the most historic and revered building in Wales.

Attractions include a marine life centre; a sea aquarium, adventure boat trips to the offshore islands and an incomparable 9-hole links golf course.

TYF Eco Hotel has a lovely warm, relaxing atmosphere. We arrived late evening to find a welcoming log fire, just what you would expect in an historic, grade II listed building that has been sympathetically restored and preserved.

The absence of television in the bedroom meant that we missed Match of the Day, (bliss!) enjoying instead an evening of interesting conversation with other guests, whilst sitting around the fire with a glass of organic wine.

Our room had the coziest bed that I have ever slept