

Win the Royal Treatment for two at the new Royal Retreat



Royal Day Spa is proud to introduce Royal Retreat. A little slice of Royal Day Spa set in the beautiful countryside village of Blackham with stunning views over the valleys of Upper Medway and only a 10 minute drive from the centre of Tunbridge Wells.

Royal Retreat features two luxuriously appointed treatment suites offering a selection of Royal's favourite and signature treatments but unlike its big sister, Royal Day Spa, you do not have to be a member to benefit from the treatments on offer at the retreat.

Couples or best friends can share their pampering experience in the spacious double treatmentsuite, whilst if its solitude you are seeking then why not spare a little time for a walk in the surrounding countryside pre or post treatments (wellies provided!)

Royal Retreat offers a selection of pregnancy treatments using the celebrity favourite 'Mama Mio' range of products and for new yummy mummies the Retreat is a baby friendly environment where babes in arms are more than welcome.

Royal Retreat is open on Thursdays and Saturdays from 10.00am – 6pm. Plenty of free parking on site. For further information or to book an appointment at Royal Retreat please contact Royal Day Spa on 01892 616191 or visit www.royal-dayspa.co.uk

Royal Retreat are offering one lucky winner a treatment package for two people. You and a partner or friend can come and experience Royal's signature treatment side by side.

The Royal Body is a blissful 2 hour long treatment that combines a relaxing deep tissue massage using aromatherapy oils with a mini Ko bi Do facial.

To enter just answer the following question, in which village is the new Royal Retreat located? Email your answer, name, address and contact number to rachel@wellbeingmagazine.com or visit www.wellbeingmagazine.com/competition to enter online.

The first name drawn on the 30th April will be notified by the Royal Day Spa

