

beauty Therapy**Serenity Therapies**

☎01892 535252

Skincare Centre

☎01892 664234

Sonja Schilling

☎01892 526667

The Comfort Zone

☎01892 519195

The Gallery

☎01892 514900

Vino Beauty

☎01892 891759

bowen Therapy**European College of Bowen Studies**

☎01892 543588

Melanie O'Brien Therapies & Training

☎01892 518670

Patrizia Sergeant

☎077790 82468

Patty Young

☎01892 543656

Serenity Therapies

☎01892 535252

chiroprapist & podiatrist**D J Woodley**

☎01892 523939

Euclid Jones

☎01892 516031

Heather Nield

☎01892 532513

Helen Mitcham

☎01892 529672

Nina Stabeler

☎01892 513820

Patricia Lowing

☎01892 752008

Richard Boxall Ass.

☎01892 525409

Sole Solution

☎01892 533210

Valerie Redman

☎01892 526756

complementary therapies**Abundant Health**

☎01580 200691

Bioflow

☎01732 507320

Energy For Health

☎07905 917411

Melanie O'Brien Therapies & Training

☎01892 518670

Patty Young

☎01892 543656

Quantum Health Solutions

☎01892 615998

Rowana Rowan

☎07946 404759

Shiatsu Practitioner

☎01892 547148

Stephens Road Clinic

☎01892 544343

The Wellspring Clinic

☎01892 676214

fitness classes**Aerodance**

☎0845 4308383

Catherine Bellinger School of Dance

Celebrating 10 years in Tunbridge Wells

Catherine Bellinger, FIDTA, AISTDBallet, Tap, Modern Jazz, Jazz Disco
Adults and Children from 2.5 yearsClasses at Rose Hill School, Langton
Green School, St Peter's Church Bayhall
Road, Christ Church High Street T Wells**Contact: 01892 542549
07946 854127****Footsteps Academy of Dance**

☎07771 985711

Just Dance

☎01892 534676

Kickz Danceworks

☎01580 881464

Life Force Yoga

☎01892 532830

Louise Renton

☎01892 863075

McAllister-Brown Dance School

☎01892 516074

Medway School of Dance

☎01732 358355

Riposte

☎01892 547857

Royal Day Spa

☎01892 616191

Sandrines Pilates Centre

☎01892 618493

Susanna Cox School of Dancing

☎01892 653336

Wudang Tai Chi Chaun

☎01892 523417

hairdressers**Carlos Fernandez**

☎01892 519472

Garbo's Hair and Beauty

☎01892 534344

Hair Gallery

☎01892 618388

Scott & Co Hair & Beauty

☎01892 536464

The Chapel

☎01892 549922

The Gallery

☎01892 514900

health club**Knowle Grange Health Spa**

☎01892 750761

Ramada Jarvis Hotel

☎01892 820444

Royal Day Spa

☎01892 616191

homeopathy**Anitra Harris**

☎01892 740580

Gunilla Gerber

☎01342 316116

Holly Hill Clinic

☎01892 549739

Phillip Cardon


☎01892 527578

Sarah Saunders

☎01892 750756

Ulrike Holzer

☎01892 522015

iridology


Iridology
An accurate form of health analysis
Non-invasive
Iris photographs taken
Hereditary strengths and weaknesses can be seen. All your health history from birth to now is recorded in your eyes and are unique only to you.
Vicky Salter Dip ITEC MCiRA/Tutor
Tel: 01580 200691
www.abundant-health.co.uk

massage therapy**Alison Field**

☎01892 615108

Baby Massage

☎01580 200691

Sports and Remedial Massage PractitionerClare Robinson
MIGPP MCThA MSFInsA
Massage and Manipulation
Injury Management and
Rehabilitation
Tunbridge Wells Osteopaths
5 Upper Grosvenor Road
Tel: 01892 535858
Mob: 07980321310**Magnus the Masseur**

☎01580 201718

Sandy Thompson

☎01892 519684

Sports Massage

☎01892 535858

The Relaxation Centre

☎01892 548688

Therapeutic Massage

☎01892 680451

Wendy Jennings

☎01892 535388

osteopathy**Atman Clinic**

☎01892 544783

Christine Huggett

☎01892 514112

Groombridge Osteopathy

☎01892 864000

Katharine Cooper

☎0800 902 0452

Krysia Ritchie

☎01892 824516

Matthew Stanford Sports Injury Clinic

☎01892 526875

Maurice & Margaret Hills DO

☎01892 529730

Rusthall Osteopathic Clinic

☎01892 523202

T & J Coysten Osteopaths

☎01892 618999

The Hawthorn Clinic

☎01892 543033

Tunbridge Wells Osteopathic Practice

01892 535858

outdoor activity**Arena Pursuits Ltd**

☎01580 879614

Bowl Valley Sailing Club

☎01892 890930

T. Wells Football Club

☎01892 520517

T. Wells Harriers

☎01892 541480

T. Wells Hockey Club

☎01892 520846

T. Wells Lawn Tennis

☎01892 525625

personal training**Anna Daniels Fitness**

☎01892 775730

Bodylogic Personal Fitness

☎01892 611377

intraining

☎01892 541621

Jake Gowan

☎07944 525166

Physique Personal Training

☎01892 750015

Theresa Cassidy

☎01892 510303

physiotherapy**Bidborough Physiotherapy Clinic**

☎01892 614539

Christopher Lee

☎01892 825191

Claire Hosegood

☎01892 863082